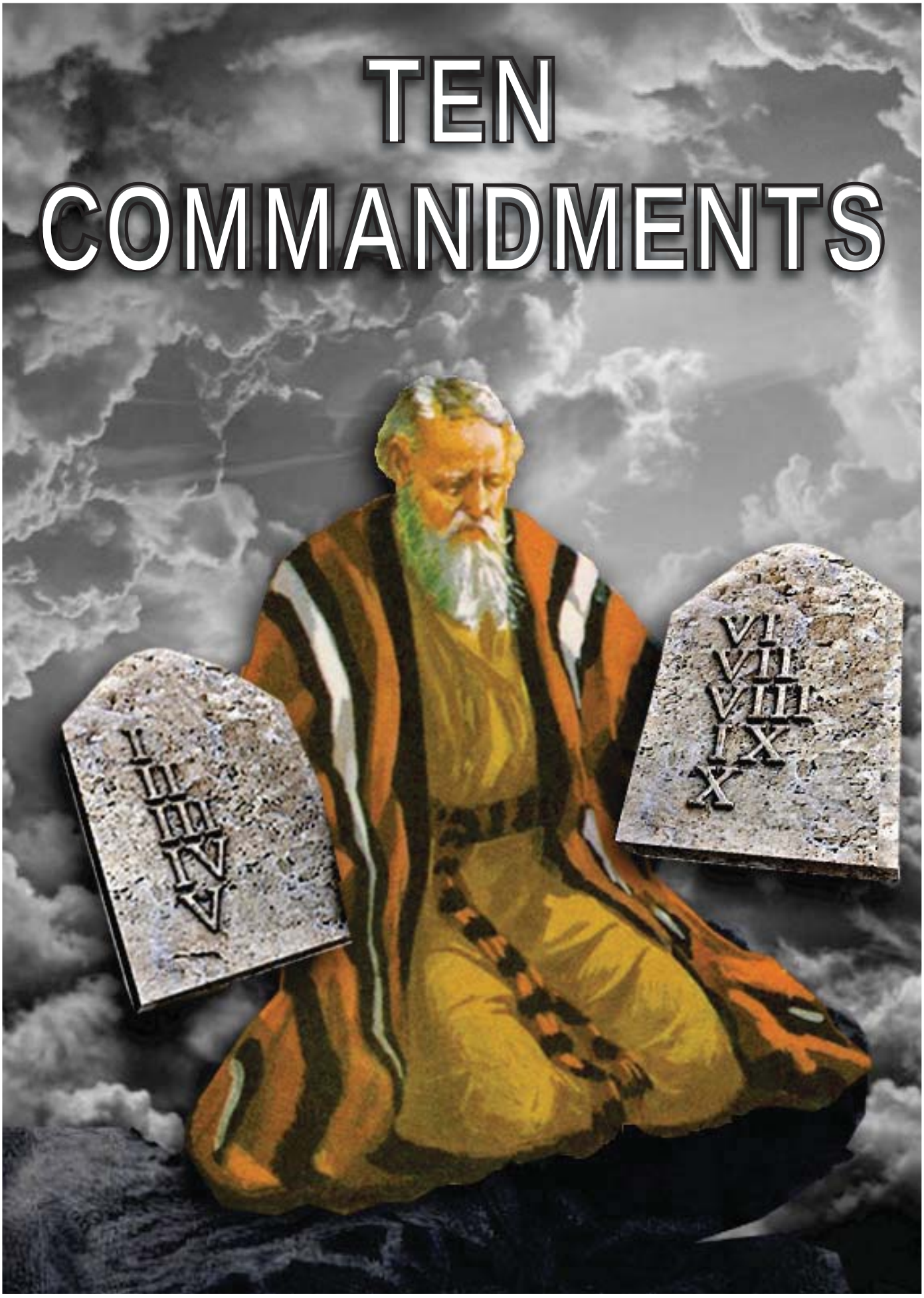
TEN COMMANDMENTS



AGE 7-9

The Missionary Baptist
Vacation Bible School Literature Committee presents

TEN COMMANDMENTS

VACATION BIBLE SCHOOL LESSONS FOR AGES 7-9
ALL LESSONS ORIGINALLY WRITTEN BY SISTER SUSAN COLLINS
WITH LIMITED EDITING BY SISTER CAROL COLE

Table of Contents

GOD PRESENTS HIS COMMANDMENTS . . . 4
HONORING GOD 6
THOU SHALT 8
THOU SHALT NOT 10
THE GREAT COMMANDMENT: LOVE 12

Chairman:
Brother Rick Williams

Chairman Elect:
Brother Cory Glass

Contributing Editors:
Elder Mitch Glasscock
Elder Jerry Miller
Elder David Swindle
Elder Todd Fugate

Original Proofreaders:
Sister Leslie Witty
Sister Laura Collins
Sister Leslie Hutchinson

Additional Proofreaders:
Sister Carol Cole
Sister Megan Carter

Booklet Design and Layout:
Brother Cory Glass

Written and published by the
authority of Mount Lebanon
Missionary Baptist Church

In Cooperation with Fairview
Memorial Missionary Baptist Church,
Faith Missionary Baptist Church, and
Old Union Missionary Baptist Church

Price Per Booklet: $2.50

Treasurer
Brother Randall Henson
10022 Woodburn-Allen Springs Rd.
Alvaton, KY 42122
270-842-4526

ALL SCRIPTURE REFERENCES ARE TAKEN FROM KING JAMES VERSION

©2017 Missionary Baptist Bible School Literature/ Mount Lebanon Missionary Baptist Church

LESSON ONE

GOD PRESENTS HIS COMMANDMENTS

LESSON TEXT: EXODUS 19:3-9

If there were no law against driving through a red light,how would we know it was wrong? Would you know that a green light means GO if you had not been taught this? What if you knew red means STOP and green means GO, but there wasn't a penalty for breaking the law? A penalty is the punishment for wrongdoing. Would you break the law if you knew you wouldn't be punished?

In Romans chapter seven, Paul said that if there had been no law, he would not have realized he was a sinner. It was through God's commandments that Paul realized his need of a savior and that the penalty for sin is death.

When we read God's laws we realize that we do not always keep those laws. This helps us realize that we are sinners, just as Paul was,in need of a savior. That savior is Jesus Christ, the One who lived a perfect life and paid the penalty for our sins by dying on the cross.

It is important for us to study the Law of God so that we might learn how God would have us live. But, more importantly, it brings us to Christ.

What is a LAW? The definition says that A LAW is a statute, a rule that is enforced by a controlling authority.

In the Bible the "Law" referred to the revealing of God's will in the Old Testament, specifically the first five books that Moses wrote down. God is the judge, the controlling authority who is speaking to the Israelite community. In return for obeying God, the Israelites will be blessed as a special people. If they disobey, they will face punishment.

Many, many years before Moses lived, God spoke to a man named Abraham. God promised to make a great nation of Abraham's descendents if they would follow God. God and Abraham's people made a COVENANT, a pledge, contract, or agreement between two or more people or groups.

Abraham's son Isaac had twin sons, Jacob and Esau. Jacob had many sons, but his favorite was Joseph. Since Joseph's brothers were jealous of Joseph, they sold Joseph to traveling merchants bound for Egypt. Although Joseph was a slave in Egypt, he was such an exceptional man that Pharaoh, Egypt's ruler, made him second-in-command. This was because Joseph, with God's help, interpreted Pharaoh's dream that there would be seven years of plenty and seven years of famine. A FAMINE is caused when there is no rain and crops die, and many people starve because there is no food. Pharaoh set Joseph over the storehouses of Egypt, and he wisely saved the food during the seven plentiful years so the people would not starve during the famine. Joseph also forgave his brothers, and Pharaoh allowed him to move all his family to Egypt so they would not starve.

In time Joseph dies and generations pass. The new leaders in Egypt forget what Joseph did for Egypt. They begin to fear Joseph's descendants, because there were so many of them. The ruler ordered that all newborn males of the people of Israel, who were also called Hebrews, be

killed.

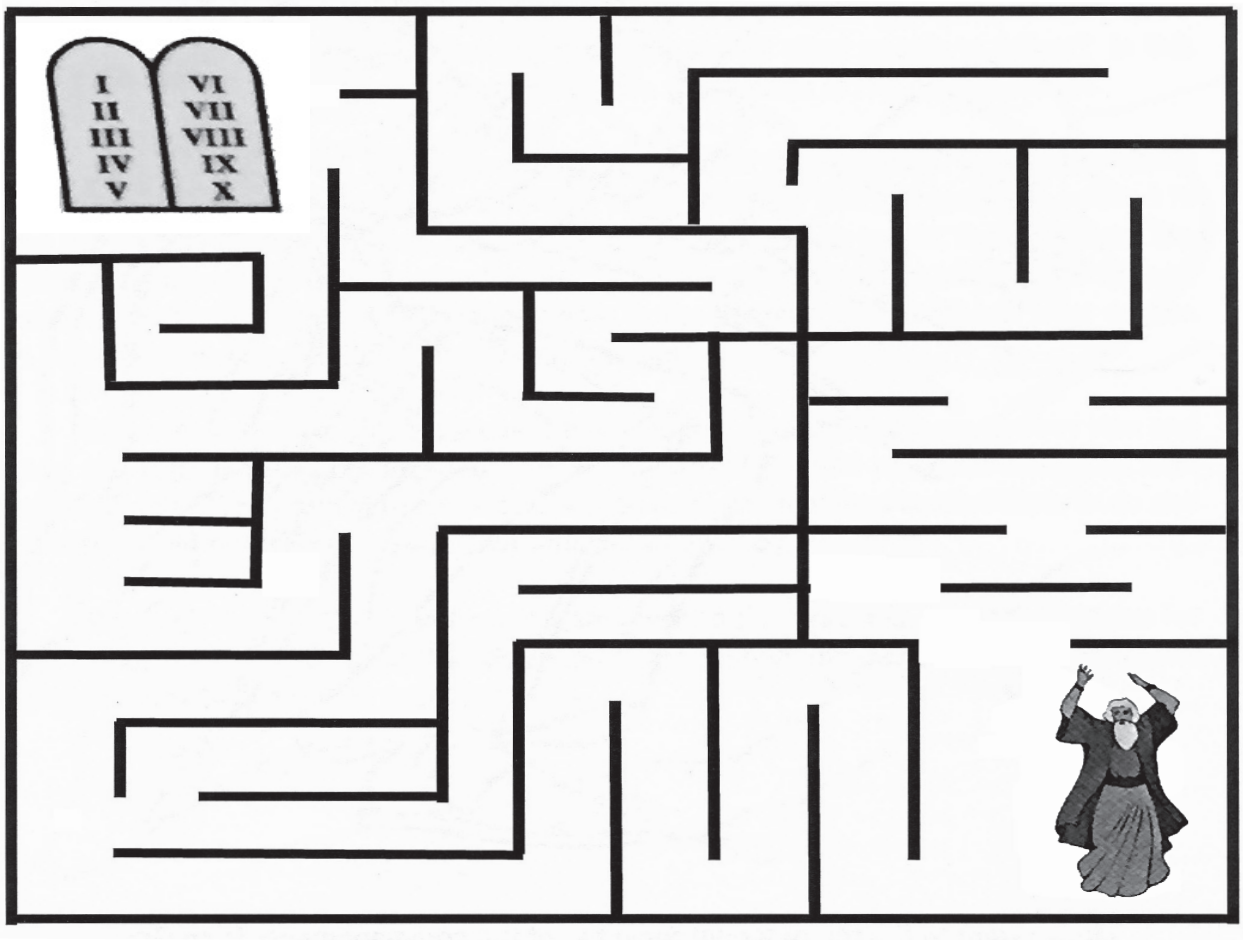
During this time, Moses is born. Moses' sister Miriam hides him in a basket in the reeds along the river. Pharaoh's daughter finds him and raises Moses as her own son. In time Moses finds out that he is really a Hebrew and chooses to follow his own people rather than to inherit the throne of Pharaoh. God then calls Moses to lead the Hebrews out of Egypt. After sending many plagues on the Egyptians, God leads the children of Israel safely across the Red Sea.

After traveling almost three months, the Israelites came to the foot of Mt. Sinai where they set up camp. When Moses went up on the mountain, God spoke to him. After telling Moses to remind the Hebrews of how He delivered them from Egyptian bondage, God promises that the Israelites will be a special people, a holy nation. In return they must obey Him and keep His commandments.

A COMMAND is an order. Just as a soldier receives orders from his commanding officer, Moses received orders from God to deliver to all of God's people.

During Bible School this week we will be studying these orders from God which are called "The Ten Commandments".

ACTIVITY: HELP MOSES FIND HIS WAY THROUGH THE MAZE TO THE TEN COMMANDMENTS



LESSON TWO

HONORING GOD

LESSON TEXT: EXODUS 20:1-7

On Mt. Sinai, God began to instruct Moses on the Ten Commandments. The first three commandments showed how God expects to be treated. God wanted Moses to let the people know that they are to worship no one else but Him.

God tells Moses that the Israelites must not make any statue or image to worship. God makes it clear that those who do so will bring trouble upon themselves, their children and grandchildren. However, those who worship only the true God will be shown mercy.

In addition to the instructions about bowing to graven images, God taught the people about the proper use of His name. God is so holy that even His name is to be used reverently. Not only are we to refrain from using God's name in a profane way, we also are not to use His name in a lighthearted, trivial way.

Sometimes God's people do this as a habit, but we are to be careful. It is a serious offense to God. He said, "Thou shalt not take the name of the Lord thy God in vain; for the Lord will not hold him guiltless that taketh his name in vain" [Ex. 20:7].

Why are we to honor God? He created us and we can do nothing without His help. Isaiah 45:5 says, "I am the Lord, and there is none else. There is no God beside me: I girded thee…" Most importantly, we are to honor God out of love. According to the fifth book of Moses we are to, "…love the Lord thy God with all thine heart, and with all thy soul, and with all thy might"[Deut. 6:5]. Later, Jesus said, "If ye love me, keep my commandments" [Jn 14:15].

But how are we to honor God and what are some of the benefits? Paul said in I Corinthians 10:31, "…whether therefore ye eat, or drink, or whatsoever ye do, do all to the glory of God." He also said that whatever we do should be done in the name of Jesus, "giving thanks to God and the Father by him"[Col. 3:17]. We are to honor God in all aspects of our life. Can you think of some ways to honor God?

As for the benefits, Matthew writes of Jesus saying, "But seek ye first the kingdom of God, and His righteousness; and all these things shall be added unto you"[Matt. 6: 33]. If we put God first in our lives and do right in His eyes, God will take care of us and see that our needs are met.

Read Deuteronomy chapter six to see how important it was to God that the people of Israel know His commandments. It was also important for the Israelites to teach them to their children, that they might live long, prosperous lives.

In the previous lesson you learned how God delivered the children of Israel from bondage in Egypt. God promised them a land of their own, but in return the people were to obey Him and pass down His statutes and teachings to their children. If they obeyed God, He promised they would prosper in all they did. God said they would multiply in the place He promised to give them---"a land flowing with milk and honey."

Keep coming to Bible School to learn the rest of God's Ten Commandments.

ACTIVITY: WORD SEARCH

Find the Following words in the word search below:

BEFORE, GODS, GRAVEN, IMAGE, LORD, MAKE, NAME,

OTHER, SHALT, VAIN

Z	T	Q	Y	X	Z	N	A	M	E
M	A	K	E	V	F	G	H	Y	P
X	V	R	Q	G	S	R	L	Z	Q
R	X	E	R	O	F	E	B	X	V
S	Y	H	Z	D	Q	Z	P	T	A
B	L	T	R	S	E	G	A	M	I
C	Q	O	M	N	R	H	J	Y	N
D	P	X	R	T	L	A	H	S	P
J	K	Z	W	D	Z	Y	J	K	R
G	R	A	V	E	N	Q	R	P	T

LESSON THREE

THOU SHALT

LESSON TEXT: EXODUS 20:8-12

So far the first three commandments are directed toward God: first, we are to worship God and no other. Second, we are to make no image of anyone or anything and bow down in worship. Third, we are to reverence even the name of God. Now, in the fourth commandment, God gives us instructions to worship him at a set time.

In six days God made the heaven and Earth and everything in it. On the seventh day God said that what He had made was good. Therefore, He declared the seventh day a day of celebration, or a holy day. He also declared the seventh day to be a day of rest for the previous six days of labor. As God continues to give Moses the Ten Commandments, He instructs Moses specifically on how to treat this holy day, or Sabbath.

God instructs the people to work six days, but on the seventh day everyone is to rest in remembrance of God's work in creating the world in six days. The Sabbath Day was to be used for honoring God.

Next, God instructs the Israelites to honor their fathers and mothers. He goes on to offer a benefit for following this commandment, "…that thy days may be long upon the land which the Lord thy God giveth thee"[Ex. 20:12]. This fifth commandment marks a turning point. By going from honoring God to honoring parents, God begins to teach how we are to treat other people. It is important to note that He begins by commanding us to honor our father and mother second to honoring Him. Just as God is the supreme authority over mankind, parents are the authority of the home.

Colossians 3:20 says, "Children, obey your parents in all things: for this is well pleasing unto the Lord." Parents are given great responsibility in raising children to know God. "Train up a child in the way he should go: and when he is old, he will not depart from it," wrote Solomon in Proverbs 22:6.

Activity:
Decipher the alphabet code for an important message:

A	B	C	D	E	F	G	H	I	J	K	L	M	N
1	2	3	4	5	6	7	8	9	10	11	12	13	14

O	P	Q	R	S	T	U	V	W	X	Y	Z
15	16	17	18	19	20	21	22	23	24	25	26

7 15 4 7 1 22 5 21 19 7 15 15 4

16 1 18 5 14 20 19 20 15 20 1 11 5 3 1 18 5

15 6 21 19. 23 8 5 14 23 5 15 2 5 25

20 8 5 13, 23 5 1 18 5 19 8 15 23 9 14 7

15 21 18 12 15 22 5 6 15 18 7 15 4.

LESSON FOUR

THOU SHALT NOT

LESSON TEXT: EXODUS 20:13-17

The last five commandments deal with how God expects us to treat others. However, instead of telling us what to do, He tells us what not to do. Some of these may seem hard to understand, but as you get older they will become clearer.

The first is "Thou shalt not kill." Sometimes accidents happen and someone is killed, an automobile accident on a rainy road for instance. This is not the type of killing the Bible means. God is instructing us not to deliberately take the life of another person, whether in sudden rage, or by planning beforehand. Once someone's life is taken it cannot be given back.

Look around the room. How many of you look and act exactly alike? No one! God gave us each a unique genetic make-up, different from anyone else. Even "identical" twins have differences. God had a plan in mind for each of us. When we kill someone we are robbing him or her and God of that plan. God loved us so much He gave the life of His only son, Jesus, that we might be saved. What a serious thing it is to take the life of someone God loves and has paid such a price for!

The seventh commandment is "Thou shalt not commit adultery." When a man and woman marry they are to be loyal to each other. They are not to date another, live with another or think of another in a romantic way. Many people have broken this commandment to their sorrow and broken their homes apart in the process. Since it is in the home that parents are to teach their children of the Lord, it is very important for parents to stay married and loyal to each other.

The eighth commandment is, " Thou shalt not steal." To steal is to take that which does not belong to you. If you did not buy it, earn it, or receive it as a gift, then it is not yours. To take it is to steal. Prisons are full of people caught stealing. How beneficial to learn and observe this commandment while young, before the harsh penalty of the law comes knocking on your door!

Next comes the commandment of God, "Thou shalt not bear false witness against thy neighbor." Occasionally we hear of someone being released from prison because his or her accuser admits to making a false accusation. That is one example of being a false witness. Another more common way is to repeat a story about someone that is not corroborated by fact. If you repeat a story on someone that you do not know absolutely to be the truth, you are in danger of bearing false witness against him or her. This may ruin the person's reputation and is not pleasing to God. Solomon wrote in Proverbs 22:1, "A good name is rather to be

chosen than great riches..." We are known by our name. Once lost, trust is hard to regain. So you can see then how serious it is to tell a lie on someone. In fact, God sees it as such a serious offense that He includes it twice in the list of the seven things He hates [Proverbs 6:17: a lying tongue; Proverbs 6:19: a false witness that speaketh lies].

The final and tenth commandment is, "Thou shalt not covet." What does it mean to covet? It means to desire that which does not belong to you to the point you feel envy toward the owner.

Many people have broken the previous four commandments out of covetousness. Some people give in to the temptation to steal what they covet; others have killed to obtain the object of their desire. Still others have taken another's marriage partner. There have even been people falsely accused of a crime to cover up the identity of the real culprit, who may have been acting out of covetousness. Most wars occur because one group of people desires what belongs to another group. The book of Hebrews says, "Let your conversation be without covetousness;" [Heb. 13:5].

Whew! That was a long list of "Thou Shalt Nots" but we have made it through "The Ten Commandments." Notice this is only day four of Bible School? Well, someone asked Jesus what was the great commandment. Come back tomorrow to find out.

ACTIVITY: WORD SEARCH - Find the Following words below:

ADULTERY, AGAINST, BEAR, COMMIT, COVET, FALSE, NEIGHBOUR, KILL, NOT, SHALT, STEAL, THOU, THY, WITNESS

R	U	O	B	H	G	I	E	N
Y	T	S	N	I	A	G	A	K
R	B	T	H	Y	U	A	W	I
E	F	E	N	A	E	N	I	L
T	O	A	A	S	L	O	T	L
L	U	L	L	R	L	T	N	A
U	O	E	E	S	E	T	E	E
D	H	C	O	V	E	T	S	T
A	T	I	M	M	O	C	S	S

LESSON FIVE

THE GREAT COMMANDMENT: LOVE

LESSON TEXT: MATTHEW 22:34-40

One day Jesus was being questioned by a group of Pharisees and Sadducees. Pharisees were men trained in the Jewish law. Sadducees were an extreme group of Jews who did not believe in an afterlife. Neither group believed Jesus was the Son of God, the promised Messiah. They feared Jesus because He was becoming popular. They wanted the people to listen only to them. So the Pharisees and Sadducees tried to trick Jesus into saying something false about the law, but Jesus answered every question well. Finally, one of the Pharisees, a lawyer, asked Jesus, "Teacher, which is the great commandment in the law?"

Jesus replied, "You shall love the Lord your God with all your heart, with all your soul, and all your mind: this is the first and great commandment." Jesus did not stop there, however. He went on to say that the second is, "You shall love your neighbor as yourself. On these two commandments hang all the law and the prophets."

In the book of Luke [10: 29] a lawyer asked Jesus what he should do to obtain eternal life. Jesus asked Him what was written in the law. The lawyer quotes these two great commandments, but then asks, "Who is my neighbour?"

Jesus illustrates who our neighbors are with the parable of "The Good Samaritan." A parable is a story that teaches a moral lesson. The point of this story is that all people are our neighbors, since it was a Samaritan, hated by the Jews, who rescued the Jewish man who had been beaten and robbed. His own people would not stop to help him.

In two sentences Jesus summarizes the Ten Commandments. Read through these commandments and see again how the first four deal with our treatment of God. Remember Jesus said we should love the Lord with all our heart, soul and mind. Then look at the last six to see how they deal with our treatment of others. Remember Jesus said we should love our neighbor as ourselves. Who is our neighbor? Everyone!

Now read I John 4: 7-21. This chapter shows us plainly how we are to love God and others. In fact, according to God's word if we do not love others, we do not love God. If we say we love God when we do not love others then we are telling a lie.

Jesus taught His disciples how we are to show this love. He said, "A new commandment I give unto you, that ye love one another; as I have loved you, that ye also love one another. By this shall all men know that ye are my disciples, if ye

have love one to another" [John 13- 34,35].

Why should we keep Jesus' commandments? Because He first loved us, so much He gave His life on the cross that we might be saved.

Let's finish with a complete list of the Ten Commandments:

1. **Thou shalt have no other gods before me.**
2. **Thou shalt not make unto thee any graven image.**
3. **Thou shalt not take the name of the Lord thy God in vain.**
4. **Remember the Sabbath Day, to keep it holy.**
5. **Honor thy father and thy mother.**
6. **Thou shalt not kill.**
7. **Thou shalt not commit adultery.**
8. **Thou shalt not steal.**
9. **Thou shalt not bear false witness against thy neighbor.**
10. **Thou shalt not covet.**

Activity:
Decipher the alphabet code for an important message:

A	B	C	D	E	F	G	H	I	J	K	L	M	N
1	2	3	4	5	6	7	8	9	10	11	12	13	14
O	P	Q	R	S	T	U	V	W	X	Y	Z		
15	16	17	18	19	20	21	22	23	24	25	26		

10 5 19 21 19 19 1 25 19 23 5 19 8 15 21 12 4

12 15 22 5 7 15 4 23 9 20 8 1 12 12

15 21 18 8 5 1 18 20 , 19 15 21 12 1 14 4

13 9 14 4 ; 1 14 4 12 15 22 5 15 21 18

14 5 9 7 8 2 15 21 18 1 19 15 21 18 -

19 5 12 22 5 19 .

NO CHARGE FOR DOWNLOAD