2016 VBS Teacher Guide

Schedule Suggestion

- **Welcome-** Welcome each child as they come in with a sweet, uplifting disposition. This will set the tone for the class.
- **Prayer-** Once everyone is seated, ask for prayer requests, and then take those requests to The Father. Invite the kids to lead the prayer.
- **Introduction to the Lesson-** On the first night of VBS, show the class a picture of a knight and briefly discuss each piece of armor. Each night following, quickly review what was learned the night before.
- **Song-** *(see song suggestions)* Music is a great way to get the children's minds set on what is to come during your time together. Use this opportunity to review, inspire, and intrigue your little troops.
- **Teach-** In the 20 years that I have taught this age group, I have always found that kids this age are more engaged when you present the lesson in a "story telling" format instead of reading the lessons straight off the page. Make eye contact and ask them questions. Be animated! Have fun! In the past, I have even had a special Story Teller hat that I would wear when giving the lesson. Sometimes it was a Safari hat, a princess hat (cone with scarf hanging out the end), or a French beret—just something to let them know that this was a special time and that we needed everyone to be quiet and to give me their attention.
- **Review and Memory Verse-** Ask a few questions regarding the lesson. Review the memory verse by first reading it aloud, and then having the children do their best to say it with you. It's fun to come up with hand motions that will help the children remember the memory verse as you go along during the week. This would also be a good time to practice any songs that you would like the children to learn this week.
- **Crafts-** *(see craft suggestions)*

Song Suggestions

Marching Song

To the tune of Head, Shoulders, Knees and Toes.

Belt, breastplate, shoes and shield,
Helmet and sword,
Belt, breastplate, shoes and shield,
Helmet and sword,
This is the armor of our Lord,
Belt, breastplate, shoes and shield,
Helmet and sword.

I'm in the Lord's Army

To the tune of The Old Gray Mare.

I may never march in the infantry
Ride in the cavalry
Shoot the artillery
I may never fly o'er the enemy
But I'm in the Lord's army!
Yes Sir!

I'm in the Lord's army!
Yes sir!
I'm in the Lord's army!
Yes sir!

I may never march in the infantry
Ride in the cavalry
Shoot the artillery
I may never fly o'er the enemy
But I'm in the Lord's army!
Yes sir!

The B-I-B-L-E

The B-I-B-L-E
Yes, that's the book for me
I stand alone on the Word of God
The B-I-B-L-E

The Battle Hymn of the Republic

Mine eyes have seen the glory
Of the coming of the Lord;
He is trampling out the vintage
Where the grapes of wrath are stor'd;
He hath loos'd the fateful lightning
Of His terrible swift sword:
His truth is marching on.
Glory, glory, hallelujah!
Glory, glory, hallelujah!
Glory, glory, hallelujah!
His truth is marching on.

I have seen Him in the watchfires
Of a hundred circling camps,
They have builded Him an altar
In the evening dews and damps;
I can read His righteous sentence
By the dim and flaring lamps:
His day is marching on.
Glory, glory, hallelujah!
Glory, glory, hallelujah!
Glory, glory, hallelujah!
His truth is marching on.

I have read a fiery gospel
Writ in burnished rows of steel:
"As ye deal with My contemners,
So with you My grace shall deal:"
Let the Hero born of woman
Crush the serpent with His heel,
Since God is marching on.
Glory, glory, hallelujah!
Glory, glory, hallelujah!
Glory, glory, hallelujah!
His truth is marching on.

He has sounded forth the trumpet
That shall never call retreat;
He is sifting out the hearts of men
Before His judgment seat.
Oh, be swift, my soul, to answer Him!
Be jubilant, my feet!
Our God is marching on.
Glory, glory, hallelujah!
Glory, glory, hallelujah!

Glory, glory, hallelujah!
His truth is marching on.

In the beauty of the lilies
Christ was born across the sea,
With a glory in His bosom
That transfigures you and me;
As He died to make men holy
Let us die to make men free,
While God is marching on.
Glory, glory, hallelujah!
Glory, glory, hallelujah!
Glory, glory, hallelujah!
His truth is marching on.

Puttin' on the Armor of God

To the tune of "The Farmer in the Dell".

I'm puttin on my armor
I'm puttin on my armor
I'm gettin ready for the day
I'm puttin on my armor.

First comes my helmet (act like putting helmet on head)
First comes my helmet
The helmet of salvation
I'm puttin on my armor.

Second comes my breastplate (put hands on chest)
Second comes my breastplate
The breastplate of righteousness
I'm puttin on my armor.

Third comes my belt (put hands on waist)
Third comes my belt
The belt of truth
I'm puttin on my armor.

Fourth comes my shoes (bend over and touch feet)
Fourth comes my shoes
The shoes of peace
I'm puttin on my armor.

Fifth comes my shield (hold up left hand with 5 fingers)

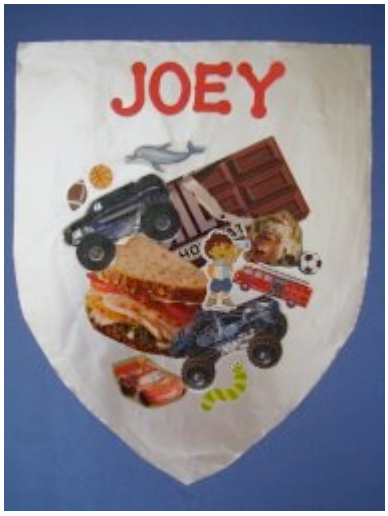
Fifth comes my shield
The shield of faith
I'm puttin on my armor.

Sixth comes my sword (hold up right hand with 1 finger)
Sixth comes my sword
The sword of the Spirit
I'm puttin on my armor.

I've got my armor on (march around)
I've got my armor on
Now I'm ready for the day
I've got my armor on.

Craft Suggestions

Shield of Faith



Materials Needed:

- Shield Template (Pg 11 in Student Book)
- Tin foil
- Construction paper
- Glue
- Marker or pen

• Scissors
• Embellishments for your shield

Directions:

- Print and cut out the shield template.
- Place it on a piece of tin foil and trace around it.
- Cut out your shield and glue it onto a piece of construction paper.
- Have the children embellish with stickers, their names, the memory verse, etc.

Sword of the Spirit

Materials needed:

- 2 popsicle sticks
- 1 orthodontic rubber band (optional)
- glue
- shiny jewels/stickers from the craft section
- small piece of foil

Directions:

- Break one popsicle stick in half
- Use an orthodontic rubber band or glue to affix them like the image above
- Wrap your small piece of foil around the long part of the unbroken popsicle stick
- Use glue to decorate the non-foil parts of the sticks (can also use stickers if you'd like)

Breastplate of Righteousness

Stained Glass Art (not pictured)

Materials Needed:

- Water color pencils or water color paints
- Water
- Paint brushes
- Black glue *(Remove nozzle to glue. Pour out enough white glue that you will have room to add color to it. Add about a teaspoon of black acrylic paint and stir with a wooden dowel. Add enough black paint to make a solid color. It doesn't take much paint to change your white glue to black. Replace nozzle.)*
- Breastplate Print (Pg 25 in Student's Booklet)

Directions:

- Trace black lines of print in the black glue. Allow to dry. (This can be done over a 2 day period or you can do it before class to save time.)

- Have children paint with water colors. Allow to dry.

Helmet of Salvation

Directions/Materials

- Print out the templates onto a piece of heavy duty card stock. For a smaller child print out the parts labeled "B". Templates found on Pages 17-21 of Student Booklet.
- Color and cut out the templates.
- Glue on the straps that will wrap around the head onto the main part of the helmet.
- Next fold the tip of the side pieces. Glue them onto the main part of the helmet. Right next to were you glued on the straps.
- Glue the nose piece onto the main part of the helmet. Do this by adding a small amount of glue at first to the back of the nosepiece. Have the child place the main

part of the helmet on his face (in the position it will go), then center the nose piece and stick it onto the helmet. Add more glue if necessary.

- Finally to hold the straps together you could either use Velcro, or you can use paper clips to hold it in place then add glue.

The creator included the word SALVATION in case you want to add it onto the helmet.

Belt of Truth

Materials needed:

- Yarn
- Clothes Pins
- Sharpies

**Variation suggestion:*
Have children color pins with sharpies.

Shoes of Peace

Image from Blackflipflops.blogspot.com

Materials needed:

- Shoe template – Page 27 in Student Booklet
- Tissue paper cut into small squares or torn into small pieces
- White glue
- Paint Brushes
- Yarn
- Hole puncher

Directions:

- Have children cut out shoe.
- Glue tissue paper squares all over it.
- Punch two holes at the top.
- Lace yarn through the holes and tie into a bow.