GEAR UP!

AGE 10-13

The Missionary Baptist
Vacation Bible School Literature Committee presents

GEAR UP!

Vacation Bible School Lessons for Ages 10-13
Written by Sister Megan Carter

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Chairman:
Brother Rick Williams

Chairman Elect:
Brother Rick Williams

Contributing Editors:
Elder Mitch Glasscock
Elder Jerry Miller
Elder David Swindle
Elder Todd Fugate

Proofreaders:
Sister Marlee Boenig
Sister Mary Beth Cline
Brother Jason Lambert
Sister Laura Waugh
Brother Jeremy McWhorter
Sister Deborah Williams

Booklet Design and Layout:
Brother Cory Glass

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Treasurer
Brother Randall Henson
10022 Woodburn-Allen Springs Rd.
Alvaton, KY 42122
270-842-4526

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LESSON ONE

BODY ARMOR

Stand therefore, having your loins girt about with truth,and having on the breastplate of righteousness. - Ephesians 6:14

OBJECTIVE 1
STAND!
Put on the whole armor of God that ye may be able to stand
Ephesians 6:11a

OBJECTIVE 2
IDENTIFY YOUR ENEMY
...against the wiles of the devil.
Ephesians 6:11b

Your enemy is not someone or something you can touch and fight physically. Your only hope is the invisible armor of God to protect you against Satan's attacks.

THE SOLDIER'S BELT

1. Made of thick, heavy leather and metal pieces.
2. Covered a wide section of the abdomen.
3. Protected the vulnerable, soft belly.
4. Long strips hung down to protect lower body.
5. Holds a weapon.

THE SOLDIER'S BREASTPLATE

1. Worked together with the belt.
2. Protected the heart and other most important internal organs.
3. Made of solid metal.
4. Covered soldier from shoulders to lowest ribs.

YOUR BELT

TRUTH

1. Reminds you of Jesus - "The Truth."
2. Provides a foundation for all of your beliefs.
3. Supports us and guard against doubt.
4. Covers vulnerable paths to your heart.

JOB'S BELT OF TRUTH

"I know my redeemer liveth, and that he shall stand at the latter day upon the earth."
Job 19:25

YOUR BREASTPLATE

RIGHTEOUSNESS

1. This kind of righteousness can be called integrity
2. Guards you from making poor choices in public and in private.
3. Works together and is based upon the truth of God's Word.
4. Helps us discern right from wrong.

JOSEPH'S BREASTPLATE OF RIGHTEOUSNESS

"...how then can I do this great wickedness, and sin against God?"
Genesis 39:9b

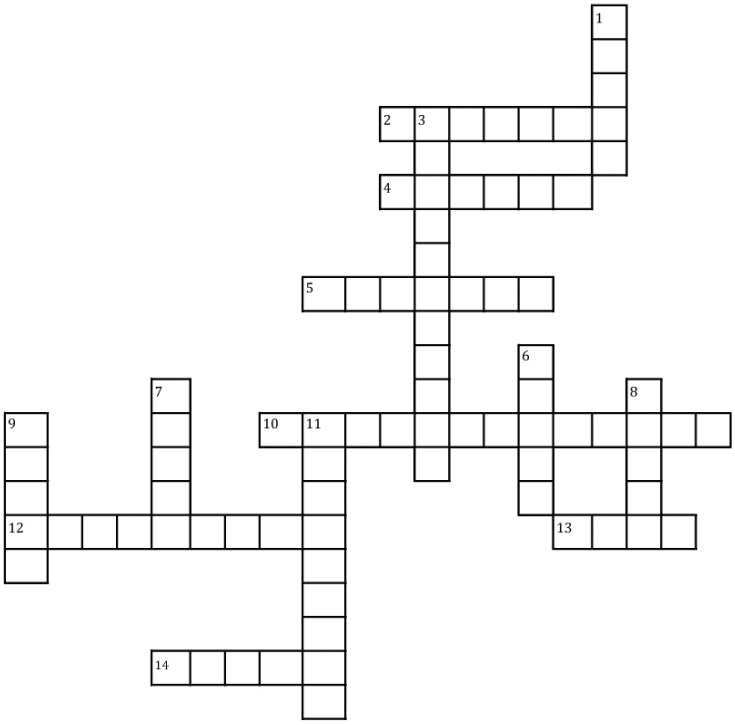
THE BOTTOM LINE

God is able to see the beginning and ending and all sides of every situation and He is able to reveal His truths to us and prepare us for anything we're faced with.

LESSON ONE

BODY ARMOR

Fill in the missing words to solve the crossword puzzle.



JUMBLE!

satetpelrba

phsoej

renhsegitssou

siolerd

rhtut

A **2.** His belt covered a wide section of his ___.
C **4.** One important job of the belt was holding the soldier's ___.
R **5.** The soldier's belt was made of heavy ___.
O **10.** The breastplate represents ___.
S **12.** You can't necessarily SEE your enemy with your physical eyes, so it makes sense that your armor is also ___.
S **13.** A soldier needs a ___ around his middle.
14. Our belt helps to guard us against ___.

D **1.** "Put on the whole armour of God, that ye
O may be able to ___."
W **3.** A soldier needs a ___ to protect his chest.
N **6.** The belt represents ___.
7. ___ is sometimes called "The Truth."
8. The soldier's breastplate was made of ___.
9. "...against the wiles of the ___.
11. Another word for "righteousness" is ___.

Look for words vertically, horizontally, and diagonally. Words may be backwards.

armor
soldier
belt
truth
Job
breastplate
righteousness
Joseph

H	T	Y	K	L	C	V	E	D	A	R	H	N	M	E	W	K	T	A	U	R	F	N	J	W	T	K	U
X	D	Q	J	J	S	D	C	H	Y	E	S	G	L	O	X	S	R	K	V	J	S	C	R	S	Q	K	N
V	Q	D	D	O	D	M	C	D	R	H	W	J	H	M	J	H	U	R	L	C	O	D	L	C	A	H	B
D	X	F	A	S	C	Y	O	R	B	P	L	N	R	U	S	X	T	H	K	D	L	B	B	N	H	R	D
H	G	S	S	E	N	S	U	O	E	T	H	G	I	R	N	Y	H	Z	R	E	D	S	H	M	Y	T	E
U	F	L	G	P	T	Y	O	M	L	N	V	S	R	O	H	F	Y	J	F	S	I	R	T	O	T	M	Y
J	B	Y	B	H	T	S	A	H	T	G	P	I	B	M	H	G	J	L	Q	T	E	V	Q	K	L	K	Y
B	T	U	A	S	D	K	Q	L	P	G	F	V	U	R	H	D	R	H	V	V	R	C	Z	W	Z	C	K
B	R	E	A	S	T	P	L	A	T	E	J	R	S	A	G	K	B	C	K	Q	Y	F	D	K	T	M	S

LESSON TWO

BATTLE BOOTS

And your feet shod with the preparation of the gospel of peace;
Ephesians 6:15

DON'T FORGET YOUR OBJECTIVES!

OBJECTIVE 1
STAND!
Put on the whole armor of God that ye may be able to stand
Ephesians 6:11a

OBJECTIVE 2
IDENTIFY YOUR ENEMY
...against the wiles of the devil.
Ephesians 6:11b

Do My "Spiritual Shoes" Help Me To STAND?

THE SOLDIER'S SHOES

1. Likely made of thick leather.
2. Covered, perhaps, with metal studs.
3. Possibly included shin-armor.
4. Constructed anticipating specific attacks to the feet.

What Specific Attacks Of Satan Will My "Spiritual Shoes" Help Guard Against?

YOUR SHOES

The Preparation of the Gospel of Peace

1. "Made of" the gospel - the good news of Jesus Christ.
2. Strengthened by the person knowledge of a relationship with God - salvation.
3. Anticipates Satan's attempts to destroy our foundation.

EVE FORGOT HER SHOES

(a negative example)

EVE had...
- perfect peace in the garden
- all of her needs met perfectly
- assurance from God that He loved her
- obedience and peace with God

EVE chose instead...
- discontentment with what she had been given
- a desire for more
- doubt that God truly knew what was best for her
- disobedience and separation from God

The correct response for Eve and for all of us when Satan tempts us to sin and tries to convince us God doesn't know best is...
"That isn't true! Leave me alone!"
Remember what Jesus Himself said to Satan when He was tempted...
"...Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve."
And guess what... when Jesus said that, **Satan left!**

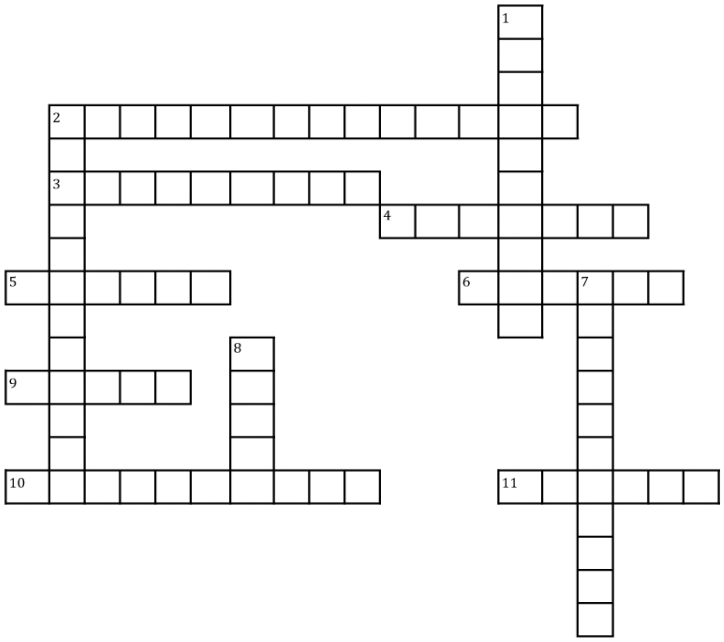
THE BOTTOM LINE

Our first line of defense against Satan is the peace we have with God through salvation. That defense is strengthened by prayer and studying God's Word, which further grounds us in that peace.

LESSON TWO

BATTLE BOOTS

Fill in the missing words to solve the crossword puzzle.



JUMBLE!

hoess

areyrp

atouofdinn

eaecp

gpoles

A
C
R
O
S
S

2. One of four words beginning with 'D' that contributed to Eve's trouble.
3. We have a personal relationship with Christ through _____.
4. The soldier's shoes were made primarily of this.
5. One of four words beginning with 'D' that contributed to Eve's trouble.
6. The good news of Jesus Christ.
9. *And your feet shod with the preparation of the gospel of* _____.
10. The soldier's shoes might have been coverd with _____ (two words).
11. Our defense against Satan is strengthened by this.

D
O
W
N

1. Satan attempts to destroy our _____.
2. One of four words beginning with 'D' that contributed to Eve's trouble.
7. *And your feet shod with the* _____ *of the gospel of peace.*
8. One of four words beginning with 'D' that contributed to Eve's trouble.

Look for words vertically, horizontally, and diagonally. Words may be backwards.

peace
gospel
salvation
feet
preparation
prayer
shoes
Eve

N	D	A	F	I	Q	M	Q	U	W	Y	C	H	K	A	Q	L	K	I	F	B	T	F	O	J	E	C	X
B	E	D	H	I	K	P	P	S	G	A	N	E	G	J	R	B	Z	D	Y	Z	X	V	R	N	S	L	G
A	V	E	I	P	T	X	A	D	H	O	C	G	J	E	I	E	K	F	B	Y	U	R	N	L	E	H	D
C	E	G	K	M	A	S	V	Z	I	W	S	Q	O	J	F	P	R	E	P	A	R	A	T	I	O	N	B
B	E	I	M	Q	U	Y	A	T	E	I	K	P	N	L	R	O	J	H	D	X	V	R	N	J	H	F	A
D	H	G	K	O	S	W	A	C	G	E	C	A	E	P	P	M	L	F	B	Z	T	T	P	L	S	H	C
E	G	J	O	S	Y	V	E	V	L	I	P	A	F	L	W	C	Q	S	P	N	K	H	D	X	N	I	B
C	M	M	Q	V	L	B	G	J	O	F	T	J	H	L	Z	M	O	U	T	E	E	F	A	U	R	K	D
R	V	P	R	A	Y	E	R	C	S	F	J	M	P	G	V	Y	C	F	H	B	S	Q	K	H	A	W	G
W	X	Z	S	B	E	I	L	O	R	U	X	A	E	G	J	Q	U	Z	D	Z	W	T	N	C	D	Y	U

LESSON THREE

SOLDIER SAFETY

Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation... - Ephesians 6:16-17a

DON'T FORGET YOUR OBJECTIVES!

OBJECTIVE 1
STAND!
Put on the whole armor of God that ye may be able to stand
Ephesians 6:11a

OBJECTIVE 2
IDENTIFY YOUR ENEMY
...against the wiles of the devil.
Ephesians 6:11b

How Do My Shield and Helmet Help Me To STAND?

THE SOLDIER'S SHIELD

1. Made of metal.
2. Curved to deflect without added effort.
3. Sized such that it could protect the entire body.
4. Knob ("boss") in the middle lent itself to defensive purposes.
5. Is not strapped to the soldier and must be carried.

What Specific Attacks Of Satan Will My "Shield and Helmet Help Guard Against?

THE SOLDIER'S HELMET

1. Made of metal.
2. Specific protection to the head and neck.
3. Heavy and noticeable to the wearer.

YOUR SHIELD

faith

1. Unyielding (with God's help).
2. Works to deflect attacks of our enemy.
3. Protects overall.
4. Works as a defensive tool, as well.
5. God helps us to "pick it up" and "carry" it along with us.

YOUR HELMET

salvation

1. Unyielding; cannot be taken from us.
2. Specific protection to our hope of victory.
3. Presence can always be felt.

ABRAHAM'S FAITH AND HOPE

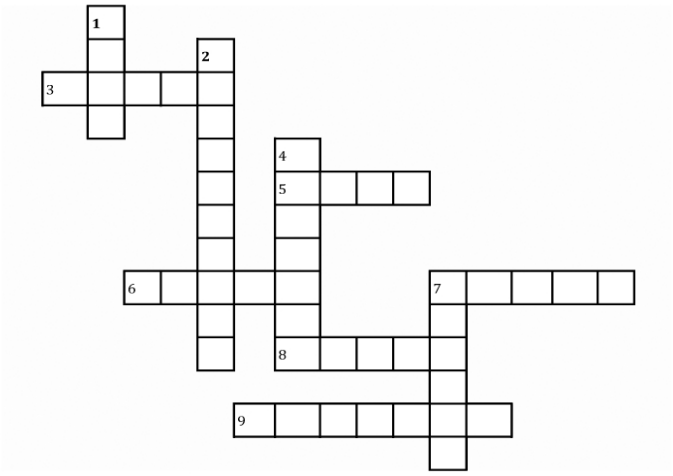
By faith Abraham, when he was tried, offered up Isaac... Accounting that God was able to raise him up, even from the dead... - Hebrews 11:17a & 19a

THE BOTTOM LINE
With God's help, we can maintain a good hold on faith and rest in the promise of salvation.

LESSON THREE

SOLDIER SAFETY

Fill in the missing words to solve the crossword puzzle.



A 3. Salvation can never be _____ from us.
C 5. The knob in the middle of the shield was
R called the "_____."
O 6. *"Above all, taking the shield of _____..."*
S 7. The helmet was always noticeable to the
S wearer because it was _____.
8. The soldier's shield and helmet were both made of _____.
9. The soldier's shield must be _____.

D 1. The helmet offered specific protection to
O the _____.
W 2. With God's help, our faith can be _____.
N 4. _____ was prepared to offer his son Isaac as a sacrifice.
4. *"And take the _____ of salvation..."*

JUMBLE!

ayhve

eildsh

iiyneldugn

hleetm

mhaaabr

Look for words vertically, horizontally, and diagonally. Words may be backwards.

shield
head
heavy
salvation
unyielding
Abraham
faith
metal
boss
carried
helmet

V	Q	D	D	O	D	M	C	D	R	H	W	J	H	M	J	H	Q	R	L	C	O	D	L	C	A	H	B
S	B	C	D	R	H	W	J	H	M	E	T	A	L	X	F	A	S	C	Y	O	R	B	P	L	N	R	U
Y	O	D	M	C	D	R	H	W	J	H	M	J	H	G	R	L	C	O	D	L	C	A	H	B	S	Y	P
J	S	D	X	F	A	H	J	S	D	C	H	Y	E	S	G	L	O	X	S	R	K	V	J	S	A	F	H
S	S	J	H	U	R	E	E	F	A	S	C	Y	O	H	E	L	M	E	T	D	Q	J	E	H	L	C	O
X	S	R	K	V	J	A	G	A	D	X	F	A	S	C	Y	O	R	B	P	L	N	R	U	S	V	K	W
M	P	G	V	Y	C	D	M	Q	V	O	R	U	X	A	E	G	J	Q	U	Z	D	Z	W	T	A	U	R
F	H	B	S	Q	K	H	L	W	G	Y	P	G	V	Y	C	U	S	F	J	M	P	G	V	Y	T	S	G
C	S	F	J	M	P	G	V	Y	C	F	H	B	S	Q	K	N	Z	D	Z	W	T	N	F	A	I	T	H
H	W	J	H	M	J	H	U	R	L	C	O	D	L	C	A	Y	D	O	D	M	C	D	R	H	O	T	A
C	H	C	F	H	B	S	Q	K	H	K	W	G	Y	P	G	I	A	S	C	Y	O	R	B	P	N	J	H
S	C	A	H	W	J	H	M	J	H	U	R	L	C	O	D	E	F	A	H	J	S	D	C	H	Y	E	S
A	B	R	A	H	A	M	H	Y	E	S	G	L	O	X	S	L	M	P	G	V	Y	C	F	H	B	S	Q
C	O	R	V	O	R	U	X	A	E	G	J	Q	U	Z	D	D	X	F	A	H	J	S	D	C	H	Y	E
K	W	I	F	H	B	S	Q	K	H	A	W	G	Y	S	H	I	E	L	D	A	S	C	Y	O	R	B	P
U	R	E	R	K	V	J	A	T	A	D	X	F	A	S	C	N	Y	C	F	H	B	S	Q	K	N	Z	D
S	G	D	H	W	J	H	M	J	H	N	R	L	C	O	D	G	H	L	W	G	Y	P	G	V	Y	C	U
F	H	B	S	Q	K	H	L	W	G	Y	P	G	V	Y	C	U	S	F	J	M	P	G	V	Y	T	W	C

LESSON FOUR

WEAPON READY

...and the sword of the Spirit, which is the word of God:
Ephesians 6:17

REMEMBER YOUR OBJECTIVES!

OBJECTIVE 1
STAND!
Put on the whole armor of God that ye may be able to stand
Ephesians 6:11a

OBJECTIVE 2
IDENTIFY YOUR ENEMY
...against the wiles of the devil.
Ephesians 6:11b

How Does My SWORD Help Me To STAND?

THE SOLDIER'S SWORD

1. Used both offensively and defensively.
2. The soldier's foremost weapon.
3. Double edged, tapered to a point, heavy, and sharp.
4. Always carried with the soldier, whether in hand or hanging on his belt.
5. Powerful.
6. More powerful with training.

What Specific Attacks Of Satan Will My SWORD Help Guard Against?

YOUR SWORD

1. Can be used to protect ourselves *and* to fight back.
2. Should be our foremost weapon in defending what's right.
3. *For the word of God is quick, and powerful, and sharper than any twoedged sword... (Hebrews 4:12a)*
4. Can be carried with us physically and internally.
5. Full of God's power.
6. We have access to that power through study and prayer.

PAUL'S SWORD

Before Salvation
- Was a destructive force of evil
- Well-learned but misused biblical knowledge
- Did not have access to other armor "pieces"
- Was unable to help others

After Salvation
- Became an apostle and child of God
- Biblical knowledge became a powerful weapon
- Used the whole armor to stand against evil.
- Was used by God to contribute to His word

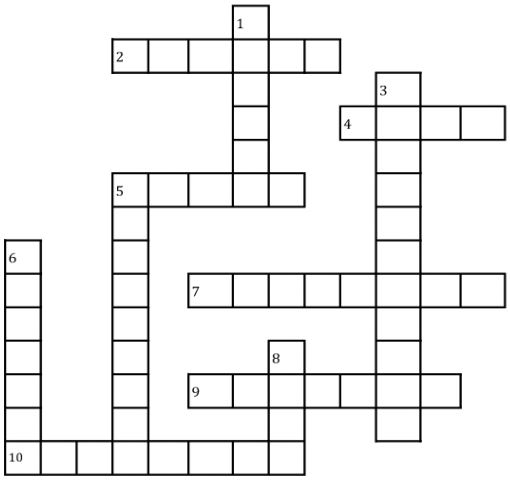
THE BOTTOM LINE

All scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness. - 2 Timothy 3:16

LESSON FOUR

WEAPON READY

Fill in the missing words to solve the crossword puzzle.



JUMBLE!

saoetlp

enwpao

uespcrtri

owrds

usytd

A C R O S S

2. *"and the sword of the _____..."*
4. When he wasn't carrying his sword it would hang on his _____.
5. His sword was heavy and _____.
7. The soldier becomes more powerful with his sword through _____.
9. After Paul was saved, he became an _____.
10. *"For the word of God is quick, and powerful, and sharper than any _____ sword..."*

D O W N

1. Our spiritual sword becomes more powerful through study and _____.
3. He can use his sword both offensively and _____.
5. *"All _____ is given by inspiration of God..."*
6. We can use our spiritual sword to _____ ourselves.
8. Our spiritual weapon is the _____ of God.

Look for words vertically, horizontally, and diagonally. Words may be backwards.

weapon
sword
spirit
Word of God
training
protect
twoedged
prayer
study
Paul
apostle
scripture

A	D	J	O	U	E	Z	X	T	A	J	D	H	L	P	P	T	Q	G	M	B	I	E	P	A	U	L	I
S	W	O	R	D	X	A	M	X	D	G	J	M	Q	E	T	X	Q	Y	U	C	O	N	H	E	B	Y	U
B	L	E	C	G	J	S	N	R	A	V	Z	M	X	D	H	Y	E	Y	A	W	S	O	W	K	H	O	D
L	P	T	A	X	B	F	A	S	J	P	M	Q	T	X	B	Y	U	R	N	Y	K	G	C	Y	U	Q	M
I	X	Q	E	P	I	H	M	A	T	W	O	E	D	G	E	D	Q	Y	H	S	U	S	R	T	N	J	F
U	X	B	D	H	O	G	C	M	I	H	L	S	D	J	O	U	E	Z	X	N	G	T	C	R	Y	D	V
B	S	P	Q	G	E	N	A	E	E	I	M	Q	T	U	Y	C	V	G	D	Z	V	R	N	A	J	F	B
C	C	T	D	P	D	K	O	D	S	P	W	A	W	L	E	I	F	C	B	N	X	E	T	I	P	L	H
W	R	H	M	K	N	O	S	P	Z	K	E	C	E	Z	E	I	J	F	K	F	I	A	T	N	P	H	L
Y	I	B	F	M	F	D	R	R	W	A	D	E	O	I	M	Q	R	I	N	J	A	F	B	I	X	S	N
S	P	E	M	K	V	Z	W	O	R	D	O	F	G	O	D	D	H	L	P	O	K	G	C	N	Y	T	O
N	T	O	N	N	K	R	P	T	V	Y	C	M	H	L	Q	U	Y	P	V	K	G	D	B	G	X	U	Q
W	U	T	A	F	N	R	V	E	Z	D	F	H	R	N	H	M	J	G	P	C	Y	U	B	Q	M	I	T
G	R	X	M	G	D	V	H	C	L	P	T	L	Q	X	B	F	E	A	R	W	V	S	O	K	J	G	C
W	E	A	R	D	H	K	P	T	T	Z	A	D	B	Z	C	W	U	S	A	O	K	Z	B	G	C	Z	V
W	T	S	C	G	K	O	S	W	A	E	I	J	P	S	O	L	H	D	Y	Z	V	R	N	J	F	B	X
L	Y	D	U	T	S	P	S	L	W	A	F	R	M	Q	U	T	P	L	E	I	E	Z	B	R	G	O	K
T	C	G	K	O	R	S	T	W	I	U	F	C	Z	V	R	S	P	I	R	I	T	N	K	J	F	B	W

LESSON FIVE

BATTLE!

For the LORD your God is he that goeth with you, to fight for you against your enemies, to save you. - Deuteronomy 20:4

REMEMBER YOUR OBJECTIVES!

OBJECTIVE 1
STAND!
Put on the whole armor of God that ye may be able to stand
Ephesians 6:11a

OBJECTIVE 2
IDENTIFY YOUR ENEMY
...against the wiles of the devil.
Ephesians 6:11b

FINAL OBJECTIVE
REST IN THE ASSURANCE OF VICTORY!
...In the world, ye shall have tribulation: but be of good cheer; I have overcome the world - John 16:33

OUR ARMOR

1. Effectively defends against *all* enemies, internal and external.

...IS BASED ON

God's Armor

1. Includes two "pieces" that our armor does not - the cloak of zeal and garments of vengeance.
2. We can share in God's zeal and find inspiration and encouragement in it.
3. Vengeance belongs to God alone.

GOD'S PROMISE = OUR VICTORY

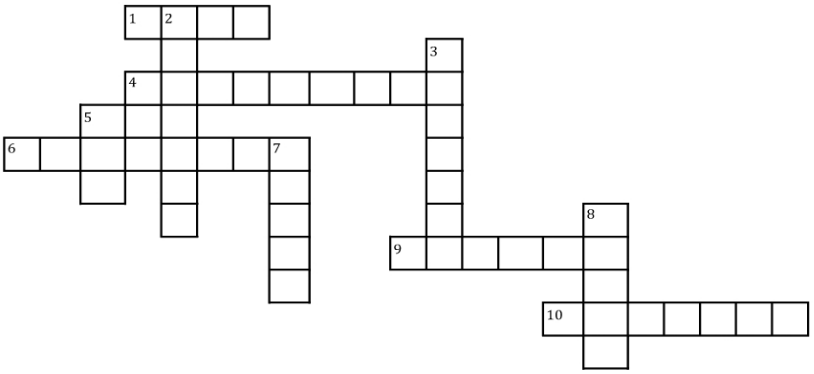
God promises to fight for us against our enemies.	→	We never have to face the fight alone.
God promises a way to escape.	→	We never have to question the ending.
God promises that He has overcome the world.	→	Trouble is overwhelming, but it's temporary.
God promises vengeance to His enemies.	→	We must stand in battle, but victory is promised.

THE BOTTOM LINE
What shall we then say to these things? If God be for us who can be against us? Romans 8:31

LESSON FIVE

BATTLE!

Fill in the missing words to solve the crossword puzzle.



JUMBLE!

ivycrto

smrspieo

esceap

ettlab

caevngene

A 1.God's armor includes the cloak of _____.
C 4. _____ belongs to God alone.
R 6. Our victory rests on God's _____.
O 9. God fights for us and promises a way
S to _____.
S 10. Our final objective is to rest in the assurance of _____.

D 2. *"For the LORD your God is he that goeth with you,*
O *to fight for you against your _____..."*
W 3. Our armor _____ against all enemies, external
N and internal.
5. *"...If _____ be for us who can be against us?"*
7. Our first objective is to _____!
8. Our second objective is to identify our enemy, which is the _____.

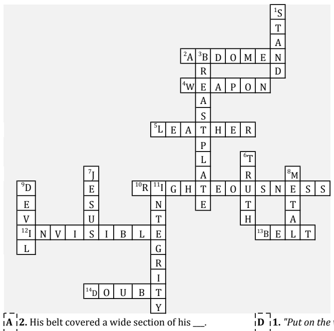
Look for words vertically, horizontally, and diagonally. Words may be backwards.

battle
enemies
stand
wiles
victory
tribulation
defends
zeal
vengeance
promises
escape

W	T	S	C	G	K	O	S	W	A	E	I	J	P	S	O	L	H	D	A	J	D	H	D	D	F	H	R
E	E	S	C	A	P	E	V	Z	M	X	D	H	Y	E	Y	A	W	S	O	W	I	L	E	S	T	K	U
U	I	N	O	S	W	A	E	I	J	P	S	O	L	H	D	Y	Z	V	R	N	J	F	F	A	Z	B	D
Q	O	E	E	V	Y	C	M	H	L	Q	U	Y	P	V	K	G	D	B	G	X	U	Q	E	P	Z	H	M
E	S	D	I	M	V	H	C	L	P	T	L	Q	X	B	F	E	A	R	W	V	S	O	N	T	A	U	F
V	K	Q	P	I	I	Z	M	C	T	R	I	B	U	L	A	T	I	O	N	D	M	C	D	H	S	N	V
F	U	D	K	O	A	E	R	V	E	Z	D	F	H	R	N	H	M	J	G	P	C	J	S	B	F	Y	B
J	G	M	A	S	O	A	S	E	I	J	P	S	O	L	H	D	P	M	K	C	E	O	T	E	H	J	H
R	V	F	D	K	S	L	W	A	W	L	E	I	F	C	B	N	X	R	S	D	A	E	X	O	G	P	L
H	X	M	Y	U	R	S	T	Z	A	D	B	Z	C	S	H	Y	E	Y	O	S	F	T	R	Y	N	P	N
Y	I	N	D	G	W	D	C	M	H	L	B	A	T	T	L	E	D	M	C	M	G	Q	S	E	K	X	O
J	A	A	P	V	P	T	D	P	D	K	O	D	S	A	D	J	O	U	E	Z	I	B	A	E	O	Y	Q
E	K	M	Z	X	E	T	X	Q	Y	U	C	O	N	N	Z	D	F	H	R	N	H	S	M	M	D	X	T
U	G	R	E	P	Q	G	E	N	A	E	E	I	M	D	P	S	L	W	A	F	R	M	E	D	Z	M	C
H	Y	C	W	T	S	C	G	K	O	S	W	A	E	I	J	P	S	O	L	H	D	Y	Z	S	R	J	V
V	E	N	G	E	A	N	C	E	W	U	T	A	F	N	R	V	E	Z	D	F	H	R	N	H	R	C	X
B	H	X	A	M	X	D	G	J	M	Q	E	T	X	Q	Y	U	C	O	N	H	E	B	Y	U	G	F	K
P	C	G	K	O	S	W	A	E	I	J	P	Y	R	O	T	C	I	V	S	T	W	I	U	F	C	Z	W

Lesson 1 ANSWERS

Fill in the missing words to solve the crossword puzzle.



JUMBLE!

satetpelrba	***breastplate***
phsoej	***joseph***
renhsegitssou	***righteousness***
siolerd	***soldier***
rhtut	***truth***

ACROSS

2. His belt covered a wide section of his ___.
4. One important job of the belt was holding the soldier's ___.
5. The soldier's belt was made of heavy ___.
10. The breastplate represents ___.
12. You can't necessarily SEE your enemy with your physical eyes, so it makes sense that your armor is also ___.
13. A soldier needs a ___ around his middle.
14. Our belt helps to guard us against ___.

DOWN

1. *"Put on the whole armour of God, that ye may be able to ___."*
3. A soldier needs a ___ to protect his chest.
6. The belt represents ___.
7. ___ is sometimes called "The Truth."
8. The soldier's breastplate was made of ___.
9. "...against the wiles of the ___.
11. Another word for "righteousness" is ___.

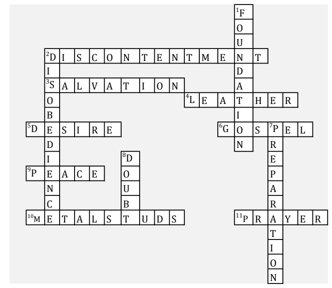
Look for words vertically, horizontally, and diagonally. Words may be backwards.

armor
soldier
belt
truth
Job
breastplate
righteousness
Joseph

H	T	Y	K	L	C	V	E	D	A	R	H	N	M	E	T	K	G	A	U	R	F	N	J	W	T	K	U
X	D	Q	J	J	S	D	C	H	Y	E	S	G	L	O	X	R	F	K	V	J	S	C	R	S	Q	K	N
V	Q	D	D	O	D	M	C	D	R	H	W	J	H	M	J	H	U	R	L	C	O	D	L	C	A	H	B
D	X	F	A	S	C	Y	O	R	B	P	L	N	R	U	S	X	M	T	K	D	L	B	B	N	H	R	D
H	G	S	S	E	N	S	U	O	E	T	H	G	I	R	N	Y	K	Z	H	E	D	S	H	M	Y	T	E
U	F	L	G	P	T	Y	O	M	L	N	V	S	R	O	H	F	Y	J	F	S	I	R	T	O	T	M	Y
J	B	Y	B	H	T	S	A	H	T	G	P	I	B	M	H	G	J	L	Q	T	E	V	Q	K	L	K	Y
B	T	U	A	S	D	K	Q	L	P	G	F	V	U	R	H	D	R	H	V	V	R	C	Z	W	Z	C	K
B	R	E	A	S	T	P	L	A	T	E	J	R	S	A	G	K	B	C	K	Q	Y	F	D	K	T	M	S

Lesson 2 ANSWERS

Fill in the missing words to solve the crossword puzzle.



JUMBLE!

hoess	***shoes***
areyrp	***prayer***
atouofdinn	***foundation***
eaecp	***peace***
gpoles	***gospel***

ACROSS

2. One of four words beginning with 'D' that contributed to Eve's trouble.
3. We have a personal relationship with Christ through ____.
4. The soldier's shoes were made primarily of this.
5. One of four words beginning with 'D' that contributed to Eve's trouble.
6. The good news of Jesus Christ.
9. "*And your feet shod with the preparation of the gospel of ____.*"
10. The soldier's shoes might have been coverd with ____ (two words).
11. Our defense against Satan is strengthened by this.

DOWN

1. Satan attempts to destroy our ____.
2. One of four words beginning with 'D' that contributed to Eve's trouble.
7. "*And your feet shod with the ____ of the gospel of peace.*"
8. One of four words beginning with 'D' that contributed to Eve's trouble.

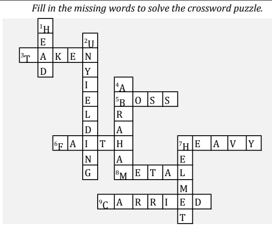
Look for words vertically, horizontally, and diagonally. Words may be backwards.

peace
gospel
salvation
feet
preparation
prayer
shoes
Eve

N	D	A	F	I	Q	M	Q	U	W	Y	C	H	K	A	Q	L	K	I	F	B	T	F	O	J	E	C	X
B	E	D	H	I	K	P	P	S	G	A	N	E	G	J	R	B	Z	D	Y	Z	X	V	R	N	S	L	G
A	V	E	I	P	T	X	A	D	H	O	C	G	J	E	I	E	K	F	B	Y	U	R	N	L	E	H	D
C	E	G	K	M	A	S	V	Z	I	W	S	Q	O	J	F	P	R	E	P	A	R	A	T	I	O	N	B
B	E	I	M	Q	U	Y	A	T	E	I	K	P	N	L	R	O	J	H	D	X	V	R	N	J	H	F	A
D	H	G	K	O	S	W	A	C	G	E	C	A	E	P	P	M	L	F	B	Z	T	T	P	L	S	H	C
E	G	J	O	S	Y	V	E	V	L	I	P	A	F	L	W	C	Q	S	P	N	K	H	D	X	N	I	B
C	M	M	Q	V	L	B	G	J	O	F	T	J	H	L	Z	M	O	U	F	E	E	T	A	U	R	K	D
R	V	P	R	A	Y	E	R	C	S	F	J	M	P	G	V	Y	C	F	H	B	S	Q	K	H	A	W	G
W	X	Z	S	B	E	I	L	O	R	U	X	A	E	G	J	Q	U	Z	D	Z	W	T	N	C	D	Y	U

Lesson 3 ANSWERS

Fill in the missing words to solve the crossword puzzle.



JUMBLE!

ayhve	***heavy***
eildsh	***shield***
iiyneldugn	***unyielding***
hleetm	***helmet***
mhaaabr	***abraham***

ACROSS

3. Salvation can never be ____ from us.
5. The knob in the middle of the shield was called the "____."
6. *"Above all, taking the shield of ____..."*
7. The helmet was always noticeable to the wearer because it was ____.
8. The soldier's shield and helmet were both made of ____.
9. The soldier's shield must be ____.

DOWN

1. The helmet offered specific protection to the ____.
2. With God's help, our faith can be ____.
4. ____ was prepared to offer his son Isaac as a sacrifice.
4. *"And take the ____ of salvation..."*

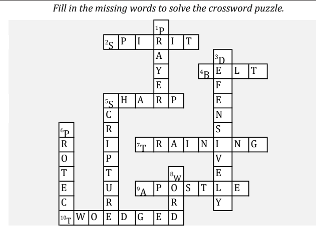
Look for words vertically, horizontally, and diagonally. Words may be backwards.

shield
head
heavy
salvation
unyielding
Abraham
faith
metal
boss
carried
helmet

V	Q	D	D	O	D	M	C	D	R	H	W	J	H	M	J	H	Q	R	L	C	O	D	L	C	A	H	B
S	B	C	D	R	H	W	J	H	M	E	T	A	L	X	F	A	S	C	Y	O	R	B	P	L	N	R	U
Y	O	D	M	C	D	R	H	W	J	H	M	J	H	G	R	L	C	O	D	L	C	A	H	B	S	Y	P
J	S	D	X	F	A	H	J	S	D	C	H	Y	E	S	G	L	O	X	S	R	K	V	J	S	A	F	H
S	S	J	H	U	R	E	E	F	A	S	C	Y	O	H	E	L	M	E	T	D	Q	J	E	H	L	C	O
X	S	R	K	V	J	A	G	A	D	X	F	A	S	C	Y	O	R	B	P	L	N	R	U	S	V	K	W
M	P	G	V	Y	C	D	M	Q	V	O	R	U	X	A	E	G	J	Q	U	Z	D	Z	W	T	A	U	R
F	H	B	S	Q	K	H	L	W	G	Y	P	G	V	Y	C	U	S	F	J	M	P	G	V	Y	T	S	G
C	S	F	J	M	P	G	V	Y	C	F	H	B	S	Q	K	N	Z	D	Z	W	T	N	F	A	I	T	H
H	W	J	H	M	J	H	U	R	L	C	O	D	L	C	A	Y	D	O	D	M	C	D	R	H	O	T	A
C	H	C	F	H	B	S	Q	K	H	K	W	G	Y	P	G	I	A	S	C	Y	O	R	B	P	N	J	H
S	C	A	H	W	J	H	M	J	H	U	R	L	C	O	D	E	F	A	H	J	S	D	C	H	Y	E	S
A	B	R	A	H	A	M	H	Y	E	S	G	L	O	X	S	L	M	P	G	V	Y	C	F	H	B	S	Q
C	O	R	V	O	R	U	X	A	E	G	J	Q	U	Z	D	D	X	F	A	H	J	S	D	C	H	Y	E
K	W	I	F	H	B	S	Q	K	H	A	W	G	Y	S	H	I	E	L	D	A	S	C	Y	O	R	B	P
U	R	E	R	K	V	J	A	T	A	D	X	F	A	S	C	N	Y	C	F	H	B	S	Q	K	N	Z	D
S	G	D	H	W	J	H	M	J	H	N	R	L	C	O	D	G	H	L	W	G	Y	P	G	V	Y	C	U
F	H	B	S	Q	K	H	L	W	G	Y	P	G	V	Y	C	U	S	F	J	M	P	G	V	Y	T	W	C

Lesson 4 ANSWERS

Fill in the missing words to solve the crossword puzzle.



JUMBLE!

saoetlp	*apostle*
enwpao	*weapon*
uespcrtri	*scripture*
owrds	*sword*
usytd	*study*

ACROSS

2. *"and the sword of the ____..."*
4. When he wasn't carrying his sword it would hang on his ____.
5. His sword was heavy and ____.
7. The soldier becomes more powerful with his sword through ____.
9. After Paul was saved, he became an ____.
10. *"For the word of God is quick, and powerful, and sharper than any ____ sword..."*

DOWN

1. Our spiritual sword becomes more powerful through study and ____.
3. He can use his sword both offensively and ____.
5. *"All ____ is given by inspiration of God..."*
6. We can use our spiritual sword to ____ ourselves.
8. Our spiritual weapon is the ____ of God.

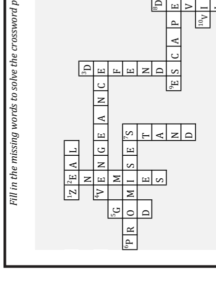
Look for words vertically, horizontally, and diagonally. Words may be backwards.

weapon
sword
spirit
Word of God
training
protect
twoedged
prayer
study
Paul
apostle
scripture

A	D	J	O	U	E	Z	X	T	A	J	D	H	L	P	P	T	Q	G	M	B	I	E	P	A	U	L	I
S	W	O	R	D	X	A	M	X	D	G	J	M	Q	E	T	X	Q	Y	U	C	O	N	H	E	B	Y	U
B	L	E	C	G	J	S	N	R	A	V	Z	M	X	D	H	Y	E	Y	A	W	S	O	W	K	H	O	D
L	P	T	A	X	B	F	A	S	J	P	M	Q	T	X	B	Y	U	R	N	Y	K	G	C	Y	U	Q	M
I	X	Q	E	P	I	H	M	A	T	W	O	E	D	G	E	D	Q	Y	H	S	U	S	R	T	N	J	F
U	X	B	D	H	O	G	C	M	I	H	L	S	D	J	O	U	E	Z	X	N	G	T	C	R	Y	D	V
B	S	P	Q	G	E	N	A	E	E	I	M	Q	T	U	Y	C	V	G	D	Z	V	R	N	A	J	F	B
C	C	T	D	P	D	K	O	D	S	P	W	A	W	L	E	I	F	C	B	N	X	E	T	I	P	L	H
W	R	H	M	K	N	O	S	P	Z	K	E	C	E	Z	E	I	J	F	K	F	I	A	T	N	P	H	L
Y	I	B	F	M	F	D	R	R	W	A	D	E	O	I	M	Q	R	I	N	J	A	F	B	I	X	S	N
S	P	E	M	K	V	Z	W	O	R	D	O	F	G	O	D	D	H	L	P	O	K	G	C	N	Y	T	O
N	T	O	N	N	K	R	P	T	V	Y	C	M	H	L	Q	U	Y	P	V	K	G	D	B	G	X	U	Q
W	U	T	A	F	N	R	V	E	Z	D	F	H	R	N	H	M	J	G	P	C	Y	U	B	Q	M	I	T
G	R	X	M	G	D	V	H	C	L	P	T	L	Q	X	B	F	E	A	R	W	V	S	O	K	J	G	C
W	E	A	R	D	H	K	P	T	T	Z	A	D	B	Z	C	W	U	S	A	O	K	Z	B	G	C	Z	V
W	T	S	C	G	K	O	S	W	A	E	I	J	P	S	O	L	H	D	Y	Z	V	R	N	J	F	B	X
L	Y	D	U	T	S	P	S	L	W	A	F	R	M	Q	U	T	P	L	E	I	E	Z	B	R	G	O	K
T	C	G	K	O	R	S	T	W	I	U	F	C	Z	V	R	S	P	I	R	I	T	N	K	J	F	B	W

Lesson 5 ANSWERS

Fill in the missing words to solve the crossword puzzle.



JUMBLE!

ivycrto	***victory***
smrspieo	***promises***
esceap	***escape***
ettlab	***battle***
caevngene	***vengeance***

ACROSS

1. God's armor includes the cloak of ____.
4. ____ belongs to God alone.
6. Our victory rests on God's ____.
9. God fights for us and promises a way to ____.
10. Our final objective is to rest in the assurance of ____.

DOWN

2. *"For the LORD your God is he that goeth with you, to fight for you against your ____..."*
3. Our armor ____ against all enemies, external and internal.
5. "*...If ____ be for us who can be against us?"*
7. Our first objective is to ____!
8. Our second objective is to identify our enemy, which is the ____.

Look for words vertically, horizontally, and diagonally. Words may be backwards.

battle
enemies
stand
wiles
victory
tribulation
defends
zeal
vengeance
promises
escape

W	T	S	C	G	K	O	S	W	A	E	I	J	P	S	O	L	H	D	A	J	D	H	D	D	F	H	R
E	E	S	C	A	P	E	V	Z	M	X	D	H	Y	E	Y	A	W	S	O	W	I	L	E	S	T	K	U
U	I	N	O	S	W	A	E	I	J	P	S	O	L	H	D	Y	Z	V	R	N	J	F	F	A	Z	B	D
Q	O	E	E	V	Y	C	M	H	L	Q	U	Y	P	V	K	G	D	B	G	X	U	Q	E	P	Z	H	M
E	S	D	I	M	V	H	C	L	P	T	L	Q	X	B	F	E	A	R	W	V	S	O	N	T	A	U	F
V	K	Q	P	I	I	Z	M	C	T	R	I	B	U	L	A	T	I	O	N	D	M	C	D	H	S	N	V
F	U	D	K	O	A	E	R	V	E	Z	D	F	H	R	N	H	M	J	G	P	C	J	S	B	F	Y	B
J	G	M	A	S	O	A	S	E	I	J	P	S	O	L	H	D	P	M	K	C	E	O	T	E	H	J	H
R	V	F	D	K	S	L	W	A	W	L	E	I	F	C	B	N	X	R	S	D	A	E	X	O	G	P	L
H	X	M	Y	U	R	S	T	Z	A	D	B	Z	C	S	H	Y	E	Y	O	S	F	T	R	Y	N	P	N
Y	I	N	D	G	W	D	C	M	H	L	B	A	T	T	L	E	D	M	C	M	G	Q	S	E	K	X	O
J	A	A	P	V	P	T	D	P	D	K	O	D	S	A	D	J	O	U	E	Z	I	B	A	E	O	Y	Q
E	K	M	Z	X	E	T	X	Q	Y	U	C	O	N	N	Z	D	F	H	R	N	H	S	M	M	D	X	T
U	G	R	E	P	Q	G	E	N	A	E	E	I	M	D	P	S	L	W	A	F	R	M	E	D	Z	M	C
H	Y	C	W	T	S	C	G	K	O	S	W	A	E	I	J	P	S	O	L	H	D	Y	Z	S	R	J	V
V	E	N	G	E	A	N	C	E	W	U	T	A	F	N	R	V	E	Z	D	F	H	R	N	H	R	C	X
B	H	X	A	M	X	D	G	J	M	Q	E	T	X	Q	Y	U	C	O	N	H	E	B	Y	U	G	F	K
P	C	G	K	O	S	W	A	E	I	J	P	Y	R	O	T	C	I	V	S	T	W	I	U	F	C	Z	W

NO CHARGE FOR DOWNLOAD